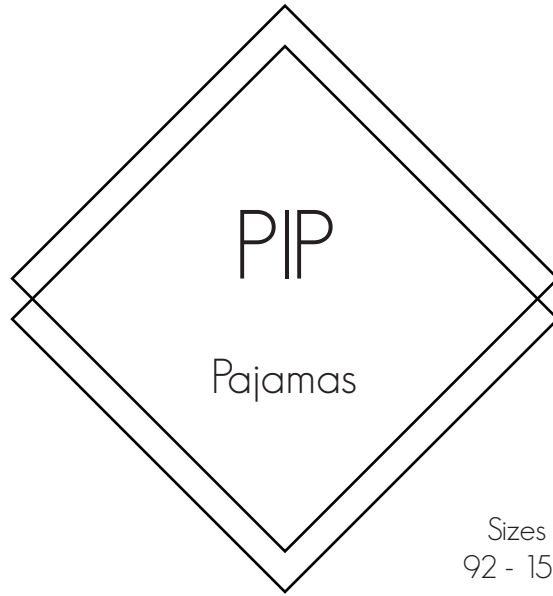
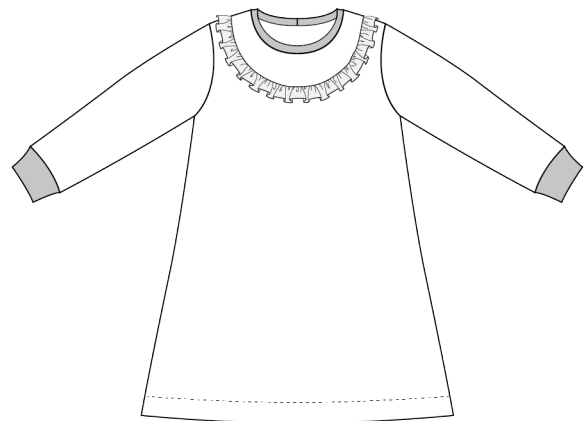
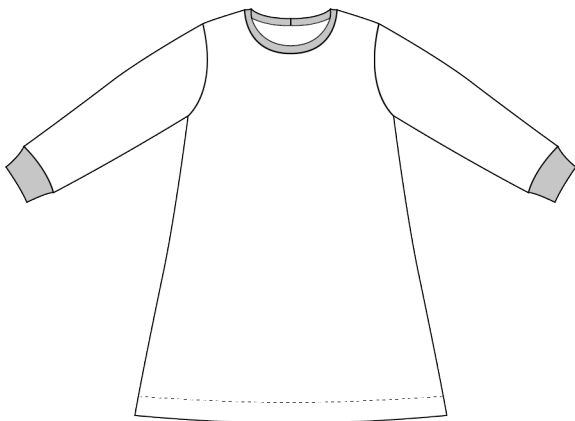
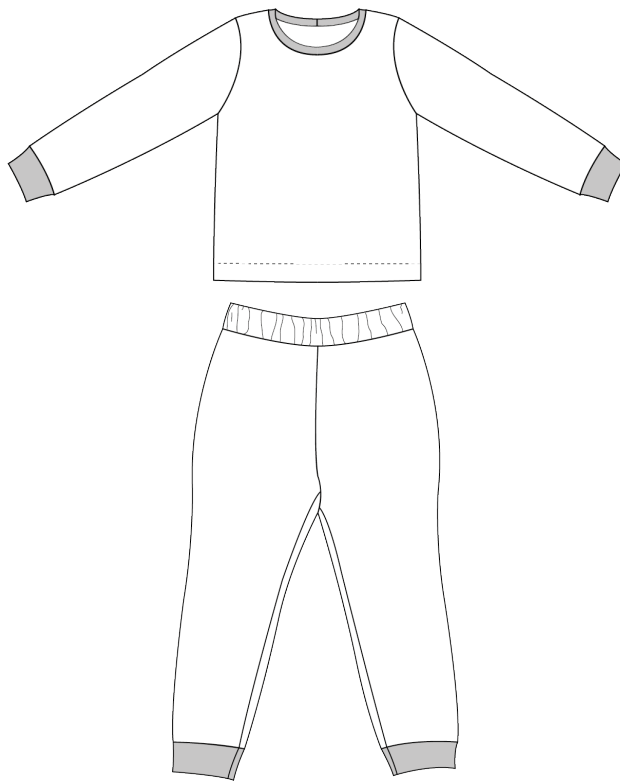




Sizes
92 - 158



Questions or problems?
Feel free to contact me:
Facebook: www.facebook.com/beletoileblog
Email: info@beletoile.com
Instagram: @_beletoile_

Thanks for purchasing this sewing pattern!

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Would you like to give a *workshop* with the pattern?

Contact me for the conditions.

Happy sewing!
Isabel



About Pip

Pip is a cool pattern for bulk sewing pajamas for boys and girls.

There's a shirt + pants option included and also an A-line dress option (with optional ruffle).

These instructions offer you step-by-step drawings and directions that will guide you through the sewing process, from beginner to advanced seamstress.

Useful charts

Size chart

THE NUMBERS TELL THE TALE!

Measure carefully before determining which size to make.

There can be differences between ready to wear sizes and sewing pattern sizes.

The chest circumference is the determining size for the shirt and dress, use that measurement as a starting point.

The hip circumference is the determining size for the pants, use that measurement as a starting point.

Between 2 sizes? Go for the biggest one.

Size	92	98	104	110	116	122	128	134	140	146	152	158
Height	92	98	104	110	116	122	128	134	140	146	152	158
Chest	54	55	57	59	61	63	66	68	72	75	78	81
Hips	53	56	60	62	64	66	68	71	74	77	81	84

Measurements finished pieces

This table offers an overview of how much ease is added to each size and the length of each garment.
(measured from back neck to hem)

You can compare these measurements to a well fitting garment and make adaptations when necessary.

Size	92	98	104	110	116	122	128	134	140	146	152	158
Chest circumference shirt	59	60	62	64	66	68	71	73	77	80	83	86
Length shirt*	36	37,5	39	41	42,5	44	46	47,5	49	51	53	54,5
Hip circumference pants	62	65	69	71	73	76	78	82	85	88	92	95
Length pants**	50	54	59	64	69	73	78	83	87	91	95	98
Chest circumference dress	57,5	58,5	60,5	62,5	63,5	66,5	69,5	71,5	75,5	78,5	81,5	84,5
Length dress*	52	55	58,5	62	65	68	71,5	75	78,5	82,5	86	90

* measured from back neck to hem

** measured at side seam - from top waistband to bottom cuff.

Recommended fabrics

Pip was drafted for stretch fabrics.

Perfect matches are: terry cloth, french terry, jersey, ...

Use ribbing for the neckband and cuffs.

Fabric & notions requirements

Fabric width: 150cm

Size		92	98	104	110	116	122	128	134	140	146	152	158
Shirt	Main fabric	50	50	60	60	60	60	60	60	110	110	110	120
Pants	Main fabric	50	50	60	70	80	80	85	90	95	100	105	110
Pants	Elastic 2,5cm	49	51	52	54	56	58	60	62	63	64	65	66
Shirt + pants	Ribbing	30	30	30	30	30	30	30	30	30	30	30	30
Dress	Main fabric	70	80	90	90	90	100	100	100	140	150	160	165
Dress	Ribbing	20	20	20	20	20	20	20	20	20	20	20	20

Seam and hem allowance

Seam allowance and hem allowance are included in all pattern pieces.
They are: 0cm at fold , 1cm around & 3cm at hems

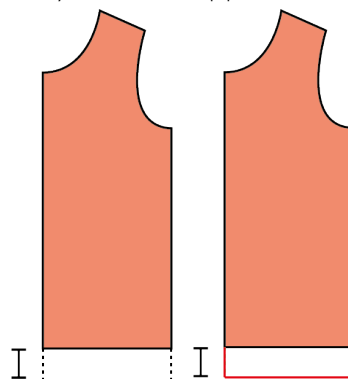
Possible pattern adaptations

Lengthening or shortening

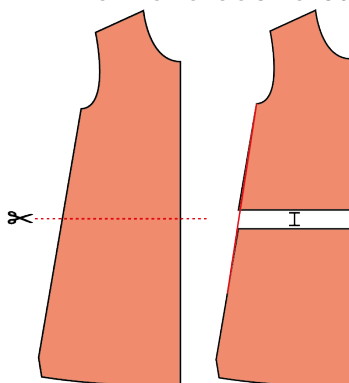
Front and back shirt

Lengthen as shown below.

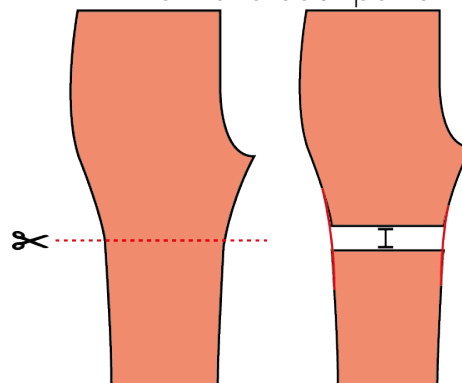
To shorten, you do the opposite (not illustrated)



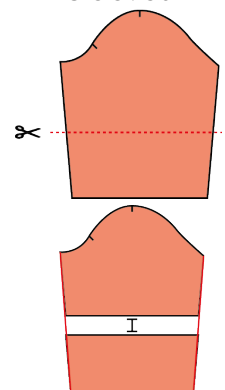
Front and back dress



Front and back pants



Sleeves



Cut your pattern piece across as shown, about in the middle of the pattern piece.

Slide pieces away from each other to lengthen or over each other to shorten.

Redraft the side seams.

Preparing your pattern pieces

Mark the following notches by giving small clips within the seam allowance, it will make things easier and faster while sewing :-).

- center front neckline
- center back neckline
- center front neckband
- center front ruffle (optional)
- sleeve head
- front sleeve mark
- center front waistband pants

Instructions

De instructies voor het shirt en de broek, kan je terugvinden op pagina's 5 tot 10.

De instructies voor de jurk, kan je terugvinden op pagina's 10 tot 14.

Shirt en broek

A. Shirt

1. Stitching shoulder seams

Pin shoulder seams of front and back bodice together, right sides facing.
Stitch seams and press towards the back.



2. Attaching sleeves

Pin sleeve to armhole, right sides facing.
Make sure the sleeve head mark aligns with the bodice shoulder seam and that the front sleeve mark is pinned to the front armhole.



Stitch seam.
Press flat, away from the shoulder seam.



3. Stitching sleeve seams and side seams

Optionally, you can choose to finish the hems of your front and back shirt with your overlocker first



Pin side seams and sleeve seams of front and back bodice together, right sides facing.
Stitch in one continuous seam.
Press seam.



4. Preparing and attaching neckband and sleeve cuffs

Neckband

Fold neckband in half, right sides facing.



Pin and stitch short side.
Press seam.



Fold and press neckband in half along the long side to get a tunnel.



Slide neckband over neckline of bodice, right sides facing.
The unfinished edges of the neckband align with the unfinished edge of the neckline.
Pin neckband into place while gently pulling it.



Stitch, fold neckband into place and press seam.



Cuffs

Fold cuffs in half, right sides facing.



Pin and stitch long side.
Press seam.



Fold and press cuffs in half to get a tunnel.



Slide cuff over sleeve hem, right sides facing.
The unfinished edges of the cuff align with the unfinished edge of the sleeve.
Pin cuff into place while gently pulling it.

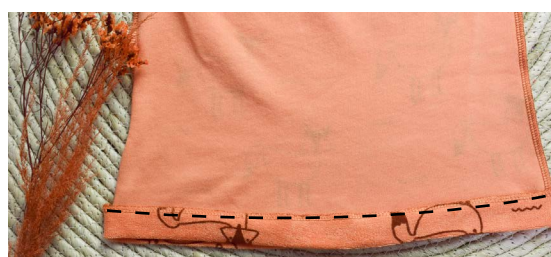


Stitch, fold cuffs into place and press seams.



5. Hemming

Press hem 3cm inwards, wrong sides facing.
Pin and stitch with a stretch stitch.
Press hem.



Press your entire shirt again and you're finished!

B. Pants

1. Stitching side seams and inner leg seams

Put 1 front piece and 1 back piece on top of each other, right sides facing.
Pin side seam and inner leg seam.



Stitch both seams and press flat.
Repeat for other front and back piece of your pants.



2. Stitching crotch seam

Turn 1 leg right side out.



Slide that one into the other one, making sure right sides of fabric are facing each other.



Make sure the seams are carefully pinned together.

Stitch crotch seam in 1 go.

Press crotch seam and turn pants right side out.



3. Preparing and attaching waistband

Fold waistband in half,
right sides facing.



Pin and stitch short seam.
Press seam.



Fold and press waistband in half along
the long side to get a tunnel.



Slide waistband over top of pants, right sides facing.
The unfinished edges of the waistband align with the unfinished edge of the pants.
Pin waistband into place while gently pulling it.



Stitch waistband to pants, leave an opening at the back of about 5cm for inserting your elastic.



*I prefer doing this step using
a stretch stitch on my sewing
machine, I finish the edge with
my overlocker after inserting my
elastic.*

Insert and slide your elastic
through the waistband using a
safety pin or elastic threader.



Stitch the ends of your elastic together.
Close the opening your left and finish seam.
Fold waistband into place and press.



4. Preparing and attaching ankle cuffs

Fold ankle cuffs in half, right sides
facing.



Pin and stitch long edge.
Press seam.



Fold and press cuffs in half to get
a tunnel.



Slide cuff over leg hem, right sides facing.
The unfinished edges of the cuff align with the unfinished edge of the leg.
Pin cuff into place while gently pulling it.



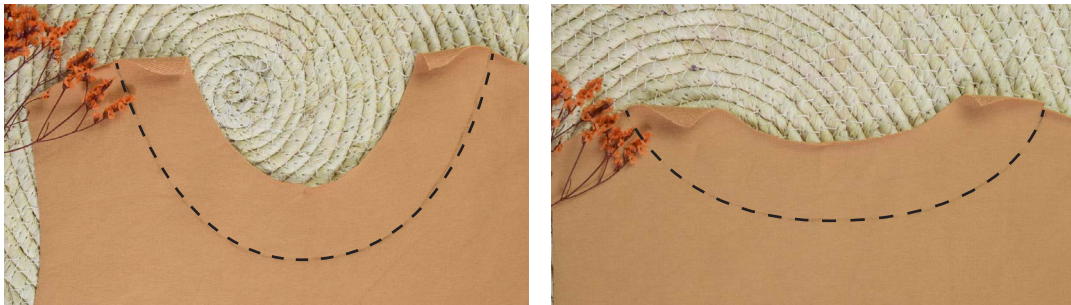
Stitch, fold into place and press seams.



Press your entire pants again and you're finished!

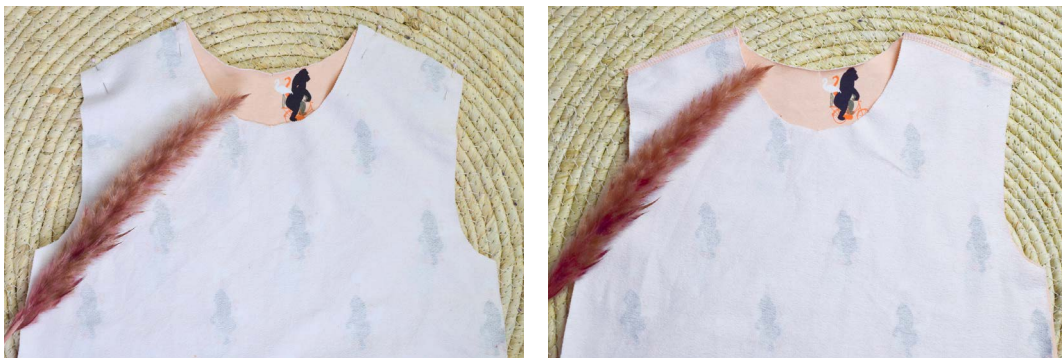
Dress

Are you making the dress with ruffle?
Mark the ruffle stitching line onto your front and back dress piece, which you
can find on the pattern.



1. Stitching shoulder seams

Pin shoulder seams of front and back dress piece together, right sides facing.
Stitch seams and press towards the back.



Not adding a ruffle?
Go to step 3 on page 12.

2. Preparing and attaching ruffle - optional step

For this version, I finished both long edges of the ruffle with a simple overlock stitch, using matching thread.

Another option is to hem the bottom of the ruffle, press 1cm inwards and stitch.

A third option is to finish the long edges with a rolled hem.



Fold ruffle in half, right sides facing.

Pin and stitch the short side.

Press seam.



Stitch 2 gathering threads at the top of your ruffle, all the way around.

Stitch the first one at presser foot width from the edge, the second one at presser foot width from the first.

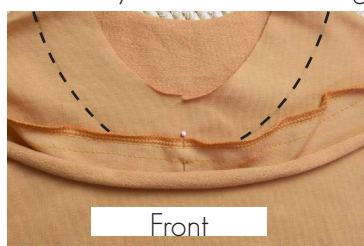


Pin your ruffle onto your front and back dress piece.

The wrong side of the ruffle faces the right side of the dress pieces.



While pinning, make sure your marked stitching lines are right in between both gathering threads.



Gather your ruffle by gently pulling the gathering threads until it exactly fits your marked stitching lines.

Make sure to evenly divide the gathers.



Pin all the way around, your marked stitching lines fall right in between both gathering threads.

Stitch your ruffle into place, right in between both gathering threads.

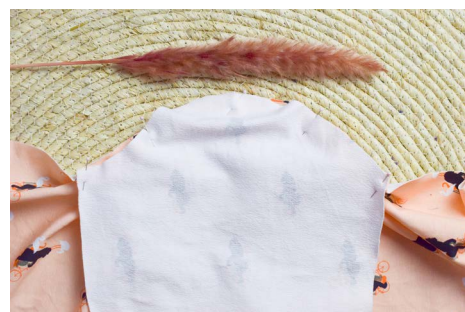
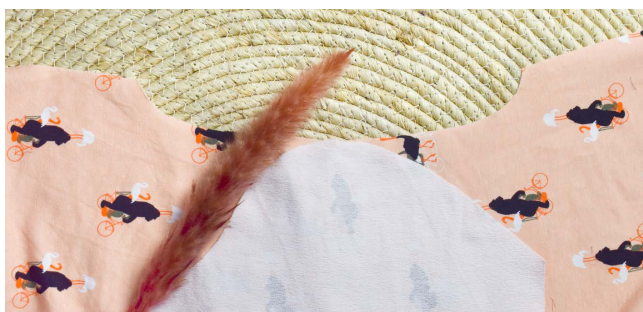
Remove gathering threads and press.



3. Attaching sleeves.

Pin sleeve to armhole, right sides facing.

Make sure the sleeve head mark aligns with the bodice shoulder seam and that the front sleeve mark is pinned to the front armhole.



Stitch seam.

Press flat, away from the shoulder seam.



4. Stitching sleeve seams and side seams.

Optionally, you can choose to finish the hems of your front and back dress with your overlocker first



Pin side seams and sleeve seams of front and back dress pieces together, right sides facing.
Stitch in one continuous seam.
Press seam.



5. Preparing and attaching neckband and sleeve cuffs

Neckband

Fold neckband in half, right sides facing.



Pin and stitch short side.
Press seam.



Fold and press neckband in half along the long side to get a tunnel.



Slide neckband over neckline of bodice, right sides facing.
The unfinished edges of the neckband align with the unfinished edge of the neckline.
Pin neckband into place while gently pulling it.



Sleeve cuffs

Fold cuffs in half, right sides facing.



Pin and stitch long side.
Press seam.



Fold and press cuffs in half to get a tunnel.



Slide cuff over sleeve hem, right sides facing.
The unfinished edges of the cuff align with the unfinished edge of the sleeve.
Pin cuff into place while gently pulling it.



Stitch, fold cuffs into place and press seams.



6. Zomen

Press hem 3cm inwards, wrong sides facing.
Pin and stitch with a stretch stitch.
Press hem.



Sleep mask

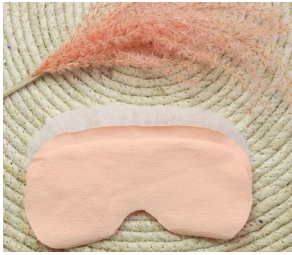
Some leftover pieces?
Use them to make 1 or more sleep masks and reduce your waste ;-).
Look in the table below to find out how much elastic you'll need.
This is an estimate, if you can, measure around the head to be sure.

Size	92	98	104	110	116	122	128	134	140	146	152	158
Elastic 5mm	29	29	29	30	30	30	30	31	31	31,5	31,5	31,5

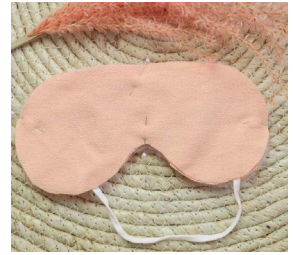
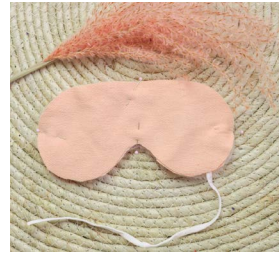
Cut pieces for the sleeping mask, 2 from outer fabric, 1 from batting.
Put the piece from batting in front of you, put 1 piece from fabric on top of it, right side is facing up.



Put the other piece from fabric on top of that, right side facing down.



Pin your piece of elastic to the marks, in between the two pieces from fabric.



Push your elastic entirely between the two pieces.
Stitch all the way around, leave an opening at the top to turn your sleep mask.



Reduce the seam allowance to 0,5cm and give small clips in the rounded areas.



Turn your sleep mask right side out through the opening you left.
Press flat.



Topstitch all the way around at 2 or 3mm from the edge, press everything again and your sleep mask is finished!





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